

FREE TRAUMA WORKSHOPS

Have you or others in your community been impacted by the tragedy at Marjory Stoneman Douglas? Everyone is invited to free, weekly community workshops that are tailored either to youth or adults and will promote self care and wellness.

**Please join us starting the week of June 4th
at one of the following Libraries:**

Mondays 5:30-6:30pm Northwest Regional Library
3151 N University Dr, Coral Springs, FL 33065



Wednesdays 5:30-6:30pm Pompano Beach Library
50 W Atlantic Blvd, Pompano Beach, FL 33060

For immediate crisis services, please contact Henderson Behavioral Health:

Adult Mobile Crisis Response Team 954.463.0911

Youth Emergency Services 954.677.3113 opt 3



For questions about the workshops please contact the BBHC office at: 954-622-8121